

# Empire State Building Gym

**Saturday, February 4<sup>th</sup>, 2012:**

Session One—USAIGC Silver

Stretch—8:00 AM

Silver Teams: American, Elite (NY), New Image, Gym Nation, Alpha Omega, Elite (NJ), Rockland, Farmingdale, Atlantic Coast, Half Hollow Hills

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**Saturday, February 4<sup>th</sup>, 2012:**

Session Two—Level 8

Stretch—11:15 AM

Level 8 Teams: Girls Co-Op, NEGTC, GMS, Elite (NY), Arena, MGC Masstars, Gymnastics Training Center (MI), Gleason's Maple Grove, Mountain Brook, Rockland, Champion, Denver, GymTowne, Technique

# Empire State Building Gym

**Saturday, February 4<sup>th</sup>, 2012:**

Session Three—USAIGC Silver

Stretch—2:45 PM

Silver Teams: Giant, Central Jersey, Exxcel, GMGC, Leaps-N-Bounders, Diamond, SSMGC, Planet, Bermuda

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**Saturday, February 4<sup>th</sup>, 2012:**

Session Four—USAIGC Gold and Platinum

Stretch—6:15 PM

Gold and Platinum Teams: Giant, Flyers, GMGC, Diamond, Golden State, New Image, American, Alpha Omega, SSMGC, Exxcel, Planet, Bermuda, Atlantic Coast, Gym Nation

# Empire State Building Gym

**Sunday, February 5<sup>th</sup>, 2012:**

Session One—Level 7

Stretch—8:00 AM

Level 7 Teams: Nina's, NEGTC, GMS, Chelsea Piers, Arena,  
MGC Masstars, Gleason's Maple Grove, Fit Club, Mountain Brook, Tag,  
Metroplex, Prattville YMCA

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**Sunday, February 5<sup>th</sup>, 2012:**

Session Two—USAIGC Bronze

Stretch—11:15 AM

Bronze Teams: Planet, Giant, American, Central Jersey, Exxcel,  
Diamond, Golden State, Alpha Omega, Elite (NY), Farmingdale,  
Gym Time, Gym Nation

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**Sunday, February 5<sup>th</sup>, 2012:**

Session Three—USAIGC Copper

Stretch—2:45 PM

Copper Teams: NYC Elite, New Image, Leaps-N-Bounders, Golden State, Exxcel, Alpha Omega, Rockland, Gym Time, American

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**Sunday, February 5<sup>th</sup>, 2012:**

Session Four—USAIGC Bronze

Stretch—6:15 PM

Bronze Teams: NYC Elite, GMGC, New Image, Half Hollow Hills, Elite (NJ)